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LME-MCO Communication Bulletin #J206

Date: June 24, 2016

To: LME-MCOs

From: Mabel McGlothlen, LME-MCO System Management Section Chief, DMH/DD/SAS and Kathy Nichols, Behavioral Health Manager, Behavioral Health Section, DMA

Subject: State-Funded Tobacco Cessation Services

This bulletin identifies Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS) state-funded resources for tobacco cessation for individuals who meet DMH/DD/SAS Benefit Plan eligibility (Adolescent and Adult) criteria and have a tobacco use disorder.

Effective **July 1, 2016**, physicians, nurse practitioners, and physician assistants can use procedure codes 99406 and 99407 to provide tobacco cessation counseling for individuals who are enrolled in one of the DMH/DD/SAS Benefit Plans and are receiving, or have received, in the previous 12 months an eligible Benefit Plan service other than 99406 or 99407.

Tobacco cessation medications for individuals who are not eligible for Medicaid can be covered under this policy with Non-UCR state and federal block grant funds. These medications include: nicotine gum, nicotine lozenges, nicotine patches, bupropion SR (generic for Zyban®), Nicoderm CQ Patch®, Chantix®, Nicotrol®, Nicorette®, and Zyban®. A LME-MCO can only request to use these funds if there are no other sources of funding available for medications.

Additional resources from the Division of Public Health, Tobacco Prevention and Control Branch include:

- QuitlineNC at 1-800-QuitNow or www.QuitlineNC.com
 - 24/7 assistance for all NC tobacco users who want to quit
 - Telephone coaching integrated with web-based coaching and texting
 - Coaching available in English or Spanish; translation for other languages
 - 10-call program for pregnant women

- Fax referral forms available for clinicians to refer their clients for QuitlineNC services
- Training and technical assistance on integrating tobacco dependence treatment, systems changes, billing and referrals to QuitlineNC
- Assistance in communicating messages about tobacco cessation to tobacco users who want to quit
- Assistance with policy planning and implementation to make behavioral health and substance use treatment facilities smoke-free/tobacco free

If you have questions, please contact Margaret Brake at 919-919-715-2269 or Margaret.Brake@dhhs.nc.gov and Starleen Scott Robbins at 919-715-2415 or Starleen.Scott-Robbins@dhhs.nc.gov.

Previous bulletins can be accessed at: <http://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins>

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